



MENTAL EDGE



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PARENT EMPOWERMENT SEMINAR

Date: **March 11, 2008**
Time: 7:00 pm
Location: Velocity Sports Performance, Champlin
Cost: **FREE!**

Welcome Parents!

Please join us for an information-packed session introducing our **Mental Edge** philosophies and strategies for teaching and mentoring life skills both in and out of sports. Receive real-life tips and examples to help you understand how to express interest and involvement in the activities of your children, allowing you to more effectively influence positive development.

To register please call or email:

763-439-5246 Dawn@MentalEdgeNow.com

"The best 60 minutes I've spent thinking about my kids in the last month!"

~Parent

"I came here tonight thinking I didn't need this. It's one of the best things that could have happened to me! I'm changing some of my coaching ways."

~Hockey Coach

Please feel free to invite every parent you know that will benefit from experiencing this seminar!

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